

Monthly Journal of KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99) (FORMERLY RMS PENSIONERS' ASSOCIATION) Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Sriramapura Phase II Bengaluru-560064 Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

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24TH ANNUAL GENERAL BODY MEETING						
	Saturday the 13th July, 2019 9-30 a.m.					
	Venue : NGO'S Hall Karnataka State Govt. Employees' Association Cubbon Park, Bengaluru 560001. (Opposite MS Buildings - K.R. Circle)					
Chief Guest	: Shri D. Balasubramanian, General Secretary, All India Federation of Pensioners' Association, Chennai					
Guest of Ho	nour : Dr. Kishore Kumar C.S, Additional Director, Central Government Health Scheme (CGHS) Bangalore					
 Calendar of events for election to the Executive Committee for the term 2019-2022 published in page 2 						
Audited Annual Ac	counts 2018-2019 : Will be published in June 2019 issue					

All the Life Members of the Association, Associate Life Members, Subscribers and Well Wishers are requested to attend the meeting and be present at the venue at 9-00 a.m sharp

Calendar of events in connection with election to the Executive Committee of Karnataka Posts and Telecommunications Pensioners' Association for the term 2019-22

Date of commencement of acceptance of nominations from Members standing for election	15-06-2019
Last date for receiving nominations from Members standing for election	24-06-2019
Last date for withdrawal of nominations	27-06-2019
Exhibiting list of candidates who have withdrawn their candidature and publishing final list of candidates	28-06-2019
Elections, if required	13-07-2019

Proforma for filing nomination

Place Signature of the Member

Date

Name:

Address:

Phone No.

NOTE: 1. Nominations to be sent by Speed post /Courier to the Secretary, at the address of the working office of the Association: No. 165, 4th main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bangalore-560079 so as to reach him on or before 24-06-2019.

2. Associate Life Members (ALM) are not entitled to stand for election to the Executive Committee.

For & on behalf of the Executive Committee, K P&T PA K.B.Krishna Rao, Secretary Ph.: 23230545 Mobile: 9483467750

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7th CPC benefits to pensioners of Autonomous bodies & Extension of provisions of DoP&PW OM dated 6-4-2016 to Coffee Board Pensioners.

Saga of a relentless struggle by the pensioners of Autonomous/ Statutory bodies

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K.B.Krishna Rao, Chairman CCCGPA, Karnataka & Secretary, KP&TPA

Pensioners of Autonomous /Statutory Boards, to quote a few, Coffee Board, Tea Board, Rubber Board, Spices Board, Silk Board, KVS, NCCM etc., got their 7th CPC benefits after a great struggle lasting for over 2 and half years. Pensioners' associations of Autonomous bodies, on the initiative taken by Sri A N Balaram, President, CBPA and Sri T.V. Suryaprakash, Secretary, CBPA Secretary, Pensioners' Associations of AB/ SB and & Joint General Secretary, CCCGPA Karnataka, commenced the struggle in right earnest in the month of August 2016 immediately after issuance of the O M dated 4.8.2016 by the Department of Pension and Pensioners' Welfare extending the benefits of VII CPC to other Central government pensioners.

Central Ministries and the departments under whose administrative control the Autonomous bodies are functioning didn't show any interest to ensure that AB/SB pensioners also automatically got their legitimate dues on a par with their fellow Central government pensioners as extended to them at the time of implementation of the recommendations of the previous six Central Pay Commissions.

When it was realised that the demands of AB Pensioners were falling on deaf ears, several agitations were planned in Coordination with CCCGPA, Karnataka and Pensioners' Associations of Autonomous bodies. Dharna, hunger strike and demonstrations were conducted at public places and before Board Administrative Offices to draw the attention of the govt. Press meet was also held at the

Bangalore Press Club hoping that the issue would receive the attention that it deserved . Suryaprakash was the architect. Sri A N Balaram, President, A B Pensioners' Association, supported by many pensioners, sat on a day long fast before the Coffee Board Office in Bangalore despite his advanced age of 93 years. The Chairman and General Secretary of CCCGPA, Karnataka and others addressed the pensioners participating in the hunger strike. The government remained unmoved. Sri Suryaprakash intensified the agitation by mobilising Pensioners and their associations not only in Bangalore but in other States also. He, along with the Presidents of AB Pensioners' associations led by Sri A N Balaram, met Central Ministers and MPs seeking their support in the cause of AB Pensioners. The Team made several trips to Kerala, Tamilnadu and Delhi to pursue the issue. Advice and support of veteran Trade union leaders viz.Com N.Bhaskaran, Com KKN Kutty, Com M Krishnan and Com S.Radhakrishna added strength to the movement and helped in achieving the desired result. CCCGPA Karnataka, Confederation of Central government Employees & National Co ordination Committee of Pensioners Associations, and Bharat Pensioners Samaj, New Delhi extended their full support. The Confederation included the subject as one of the items in its charter of demands.

Pursuing the issue further with the Central government, an appointment was sought with the Secretary, Department of Commerce and, on his direction,

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representatives of Pensioners' Associations of Autonomous bodies under Department of Commerce met the Joint Secretary, MOC under the leadership of KB Krishna Rao, Chairman, CCCGPA, Karnataka in Sept 2017. The delegation was astounded when, at the commencement of the discussions, the official side raised a doubt as to whether CCS(Pension)Rules1972 were applicable to SB /AB Pensioners. When it was realised that the discussions with the JS, Dept of Commerce were not that encouraging, it was brought to the officer's notice that the benefits of the pay commission extended to the employees of commodity boards have to be invariably extended to pensioners also and any discrimination between the employees and pensioners and denial of the CPC benefits to pensioners of Autonomous bodies would definitely be a violation of the judgement of the Hon'ble Supreme court delivered in the famous "NAKRA CASE". It was also brought to his notice that in respect of BSNL pensioners, the Central government has agreed to bear 100 % of the pension expenditure. It was urged that in respect of AB/SB pensioners also the government must meet the entire expenditure on pension without insisting on the Boards to meet the additional expenditure from their annual grants. A copy of the "Nakra judgement" delivered on 17.12.1982, a note on codification of provisions relating to pension under Civil Service Regulations in the form Statutory Rules promulgated as CCS(Pension) Rules 1972, a copy of the DoT order on pension liability of BSNL were sent to the Joint Secretary, MoC. As a result of an hour long discussion held in the meeting with the JS, the issue relating to extension of 7th CPC benefits to the pensioners of AB /SB gained some momentum and thereafter was seemed to be looked into with all seriousness.

Finally, when the order was issued in May 2018 by the Commerce department for implementation of VII CPC in respect of Commodity Boards Pensioners, there was

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another shock. The effective date was 1.1.2018 instead of 1.1.2016. There was utter discrimination on the one hand, between the employees and pensioners of the same Board, and between pensioners of different Boards on the other, regarding the date of implementation of the VII CPC benefits. So, Suryaprakash and others were forced to continue with their perseverance until the issue was resolved to the satisfaction of all AB Pensioners. However, the focus then shifted from the main problem to the limited issue of "the effective date of implementation".

The struggle had to be continued. Several meetings were held. Memoranda submitted. Emails sent to all concerned. While the pensioners associations were planning to start a fresh programme of agitations, an opportunity knocked at the door. Suryaprakash got an invitation from the Commerce Minister to attend a meeting at his office in Delhi. That invite was in response to an appointment sought with the minister many months ago.

AB Pensioners' Associations could clinch the issue in their meeting with the Commerce Minister in Delhi held on 28.11.2018 and an order was issued in December 2018 changing the date of extension of VII CPC benefits from 1.1.2018 to 1.1.2016. Even after issuance of the order the matter had to be pursued to see to it that the order is immediately implemented and arrears paid before 31.3.19.

Happy to learn that finally AB Pensioners got their VII CPC benefits on par with other Central government Pensioners including the benefits that accrued in terms of DoP&PW OM dated 12.5.2017.

Another issue that was daunting the minds of Coffee Board pensioners only was abnormal delay in extension of the provisions of DoP&PW OM dated 6-4-2016 delinking 33 years of service for computation of pension at 50% of the emoluments in respect of Pre 2006 pensioners who were getting pro rata pension. While pensioners of other Autonomous bodies

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were given the benefit that accrued in terms of OM dated 6-4-2016, it was only the Coffee Board pensioners who were denied the benefit. Distraught C.B. Pensioners had to again keep on pursuing the matter with the government. Survaprakash, the Man Friday of CB Pensioners, who was determined to ensure that pre 2006 Coffee Board pensioners also got the benefit of full pension, continued with his mission and did not rest until the issue was resolved. Department of Commerce finally issued an order on 13-5-2019 directing Coffee Board to pay the arrears of pension in terms of DoP&PW OM dated 6-4-2016 utilising the funds available with the Board under pension fund. Consequently, pensioners of all Statutory/ Autonomous bodies have now got the benefits of 6th and 7th CPCs .

I wish to place on record the relentless efforts made by the Pensioners Associations of all Autonomous bodies under the leadership of its former president Sri A N Balaram and present President Sri Umamaheshwara Rao and congratulate both of them for their success in seeing to it that the AB Pensioners are not denied the pension revision benefits extended to other Central government pensioners. I am extremely happy to note that all the pensioners of ABs/SBs affiliated to CCCGPA, Karnataka got 6th &7th CPC benefits without any discrimination.

I would like to specially congratulate Suryaprakash for his perseverance and acumen in pursuing the issues involved after collecting all the relevant documents, in seeking support from other associations, federations and Coordination Committees and above all for not 'leaving any stone unturned' in ensuring resolution of the grievance.

Now Pensioners Associations of ABs/ SBs have shifted their focus towards (a) Extension of CGHS or any other medical facility to their pensioners also on par with CG pensioners(b) Treating pensioners of ABs/SBs on a par with CG pensioners in the matter of granting any further pensionery benefits or medical benefits.

CCCGPA, Karnataka assures its continued support to all affiliate associations.

(CGHS)

Beneficiary friendly gesture by CGHS Bengaluru

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Email received by the Association from Shri M R V Nath, Member of KP&TPA and Vice President, All India Federation of Pensioners' Association, Chennai, lauding the courteous service extended to him by CGHS Doctors when he needed it most, is reproduced.

Wish to share my pleasant experience with CGHS, Bengaluru. On arrival here after my discharge from a hospital in Chennai, an email was sent to Additional Director, CGHS Benglauru, requesting for the facility of Doctor's visit to home and supply of post hospitalization medicine. Instant response was received to contact CMO, WC4. Then email was sent to CMO WC4. Based on that, Dr. Nandish WC-4 HBR Layout visited my home at 10:35 hrs. on 1st May'19. He issued available medicines, raised indent for supply of other medicines and also issued referral memo for review at Bengaluru empanelled hospitals. Thus, the Doctor helped me to avoid my return to Chennai for follow-up treatment and review. Also, essential medicines were promptly procured and supplied to me on priority by 2nd May'19. I was surprised & delighted to see the speed at which CGHS team acted. Immediate response that I got from the Addl Director, M O WC-4 and the Pharmacy Staff was in itself a great relief which definitely helped me in speedy recovery.

Appreciation / Thanks giving mails were sent to AD, CMO-WC4 and pharmacy team of WC 4.

M.R.V. Nath

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DIGITAL LIFE CERTIFICATE

Submission of Digital Life Certificate from the confines of your home – a pensioner friendly initiative by the Department of Pension and Pensioners' Welfare for pensioners

Our members are aware that the Department of Pension and Pensioners Welfare, New Delhi with a view to facilitate the disabled and aged pensioners of Central Government in submission of their Annual Life Certificate in digital mode through Jeevan Praman portal from the comfort of their homes identified Karnataka P&T Pensioners' Associations and supplied two IRIS enabled devises (Samsung-Galaxy Tab Iris) to assist pensioners in submission of DLC.

Executive Committee Members KP&TPA visited the residences of many senior pensioners who had sought the assistance of the association and ensured submission of their DLC in November 2018.

Department of Pension and Pensioners' Welfare, New Delhi with a view to give a further boost to the initiative taken on a pilot basis in Nov 2018 has, vide its letter dated 16th January 2019 asked us to keep the IRIS enabled devise with us for its use in the following manner

1) As the registration of Pensioners for DLC is one time requirement, pensioners who have not submitted DLC in the past may be registered on Jevan Pramaan in advance.

Once they register themselves with Jevan Pramaan, they will be able to submit Digital Life Certificate in the month of November without any hassle.

2) Occasions such as Annual General Body Meetings or any other function of the association may be made use of for getting the first-time registration of pensioners on Jevan Pramaan web site

In compliance of the instructions of the Department of Pension and Pensioners Welfare, KP&TPA will make necessary arrangements in the Annual General Body meeting to be held on 13-7-2019 to register pensioners with Jeevan Pramaan web site to facilitate submission of DLC in November 2019.

Therefore, Pensioners (irrespective of their age)who would like to avail this facility are requested to bring with them to the AGB their (1) Mobile phone (2) Aadhaar Card (3) Pension Payment Order (PPO) and (4) The Bank account details to which their pension is credited which are essential for registration of their names with Jeevan Pramaan website.

WE REQUEST ALL PENSIONERS TO MAKE USE OF THIS FACILITY

Pre-2006 Grade S-12 retirees

For the attention of Pre-2006 Grade S-12 retirees Grant of grade pay of Rs.4600 instead of Rs.4200

Department of Pension & PW has not yet issued corrections to the concordance tables Nos. 24&25 as sought for by KP&TPA in its letter dated 14-1-2019 addressed to the Joint Secretary DoP&PW (page 7 of January 2019 issue of PC). The issue regarding revision of pension in terms of OM dated 4.1.2019 can be taken up with PAOs concerned only on issuance of corrections by DoP&PW

Update on the issue : It is reliably learned that the Department of Expenditure, Ministry of Finance has approved corrections to tables 24&25 of the 7th CPC Pay Matrix as required by DoP&PW and the revised concordance tables are under issue.

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The 47th meeting of the National Council was held on 13.4.2019 at Rail Bhawan, New Delhi, under the Chairmanship of Shri P.K.Sinha, Cabinet Secretary. It was held after a lapse of nine years since the last National

Council meeting was convened. The meeting commenced at 11.30AM and ended at 2.30 PM. In the introductory remark, the leader and the Secretary Staff Side touched upon the following points.

- 1. Survival of JCM; revival of Departmental Councils; maintenance of its stipulated frequency.
- 2. Increasing litigations; Government's disregard to its own National litigation policy making employees and pensioners to incur huge expenditure. Non implementation of even Supreme Court decisions- MACP promotional hierarchy, MACP date of effect, increment on 30th June and 31st December etc
- 3. NPS and other pension related issue
- 4. Non honoring of the assurance held out by the GOM to revisit the minimum wage and fitment formula
- 5. CGHS deficiencies
- 6. Necessity of holding meetings by the Secretary Dept of pension with the Staff Side

Agenda Items	Action Taken
Grant of FMA in lieu of OPD for CGHS beneficiariesbeyond 70 years of age:	Not agreed
Family pension for unmarried/divorced/widowed sister	Will be considered
Revision of pension for those who compulsorily retired :	2.57 multiplication factor will be applicable to all. Extension of new option is under consideration
Exemption from payment of income tax for personnel beyond 80 years :	Rejected
Litigation issues on service matters	The chairman ruled that where the SC has given decision in rem, it will be implemented in the case of all similarly placed personnel

Shiva Gopal Mishra, Secretary, National Council, JCM (Staff Side)

Note: Paras regarding pension / pensioners only reproduced. : Editor

Editor's note:

Response from the Cabinet Secretary & Chariman, N.C. JCM to the demand regarding implementation of Supreme Court orders to all similarly placed employees/pensioners creates some hope that our demands on grant of increment to pensioners who had retired on 30th June and 31st December end grant of MACP from 1.1.2006 instead of 1.9.2008 may be resolved since the Apex Court had dismissed the SLPs filed by the government on the above two issues and had upheld the orders of High Court/CAT

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APPEAL FOR DONATION

We appeal to our Members who have not yet paid their contribution to the building fund to please consider remitting their liberal donation to facilitate payment of the final bill to the contractor.33rd list of donations is published in this issue.

Income Tax exemption: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the Gross total Income under Section 80-G of Income Tax Act.

Donation to be remitted by crossed cheque payable to "Karnataka P&T Pensioners' Association". (Not KPTPA or KP&TPA)

Cheques may please be sent to: K.R.Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyaranyapura, Bangalolre-560097. (Mob: 9448477129)

Note: Cheques are not to be drawn in the names of either the Secretary or the Treasurer.

A Sister Pensioners' Association writes

Sir, "We came to know from KPTPA WhatsApp message that its membership has crossed 2800 and is at present, 2810, which is an increase by 200 in one year. This is a remarkable achievement. Kindly accept our congratulations on this achievement and wish that this membership reaches a magical figure of 3000 by this year end-2019. This was all because of the efforts put in by a team of dedicated members under the leadership of Shri G.Babu, President, Shri M. N. Gopinath, Vice President and Shri K.B. Krishna Rao, Secretary. We always admire the simplicity of Sri Krishna Rao, which all the younger members have to follow and practice, and also his vast knowledge of accounts and rules. Whenever our Association approached Sri Krishna Rao for any guidance with regard to the interpretation of pension rules, fixation of pension as per 7th CPC orders or in the matter of approaching the appropriate authorities in the Central Government, his advice/support was always in a positive direction. His support/advice to our Association in getting 7th CPC benefits to its pensioners was exemplary. We pray God to give him good health, happiness, prosperity and more strength to him to lead all of us for many more years and strengthen not only KPTPA but also CCCGPA.

PENSIONERS ' UNITY ZINDABAD"

for and on behalf of Coffee Board Pensioners Association, A.N. Balaram, President

Donation for the Building Fund - 33rd List					
SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1284	B.Shivaswamy	2663	5000	4065	
1285	Shantha Venugopalan	796	2500	4095	8000
1286	A.G.Doraiswamy	32	1900	4087	77000
1287	K.Devanathan	2179	1350	4088	4730
1288	T.A.Sampathkumar	1312	1000	4092	2000
1289	V.A.Gopalan	2580	1000	4094	3000
1290	O.P.Shairya	2804	300	4078	

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Extension of provisions of DoP&PW OM dated 6-4-2016 to Coffee Board Pensioners Gol, Ministry of Commerce and Industry, Department of Commerce O.M. dated 13-5-2019

To The Secretary Coffee Board Bangalore

Payment of pending arrears-extension of provisions of Dept. of Pension & Pensioners' Welfare (DoP&PW) O.M.No.38/37/08-P&PW(A) dated 6-4-2016 to the Pre-2006 Pensioners of the Coffee Board from the Pension Fund of The Coffee Board.

I am directed to refer to the subject cited above and to convey the approval of the Competent Authority for utilisation of the fund available in the Pension Fund of the Coffee Board for payment of pending arrears, intimated to be Rs,14.35 crores by the Coffee Board vide letter No, FIN /BUD-651/2018-19/114 dated 6-3-2019, to the pre-2006 pensioners of the Coffee Board, subsequent to extension of provisions of Dept of Pension & Pensioners' Welfare O.M.No.38/37/08-P&PW(A) dated 6-4-2016.

2, This issues with the approval of the Competent Authority and in connection with Finance Division vide their Dy. No. 64/FD/2019 dated 10-5-2019.

Anjali Anand Under Secretary to the Govt of India

Central Government Holiday in JUNE 2019 1. Idul Fitr 5th June, Wednesday

	ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly Ave.	% increase over 261.42	% increase over 115.76	BSNL IDA From 1-4-2019 : 141.40%
				7th CPC	6th CPC	(2.6% increase over Jan 2019 rate of 138.80%
July 18	301	3462	288.5	10.35	149.22	
Dec 18	301	3538	294.83	12.78	154.69	
Mar 19	309	3599	300.00	14.76	159.15	

7th CPC: DA/DR w.e.f. Jan 2019: 12% (3% increase over July-2018 rate of 9%)

OBITUARY

Sri B.H. Gopalaswamy L M 2051, retired BCR Postman, Vasanthanagar, Bangalore expired on 29-4-2019 at the age of 73 years

Heartfelt condolences to the bereaved family Executive Committee, KP&TPA

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CGHS National Council (Staff Side) Joint Consultative Machinery for Central Government Employees May 16, 2019.

Feedback of NC JCM meeting with Secretary MoH&FW held on 16th May, 2019 regarding issues related to CGHS, Ward Entitlement, Medical Reimbursement etc.

A meeting with the Staff Side of the National Council JCM under the Chairmanship of Secretary, Ministry of Health & FW was held on 16-5-2019 at Nirman Bhawan, New Delhi. The Staff Side was represented by Comrades Shiva Gopal Mishra, Guman Singh, KKN Kutty, C. Srikumar, M.S. Raja and R. Parashar. The following agenda points were taken up for discussion and the decisions taken are given below.

No	Agenda Points	Decision
2	Review of ward entitlement for Central Government Employees	It was agreed to reconsider the wage limit for Ward entitlement and also to streamline the same as per the 7th CPC pay matrix.
7	Emergency Treatments in CGHS recognized Hospitals.	At present the CGHS beneficiary can directly approach the recognized hospital with the CGHS Card without any referral memo. The proposal of the Staff Side to avoid hardship to the patient for subsequent dealings with the CGHS Wellness centre would be considered the concerned hospitals will be asked to get the approval of the concerned dispensary doctor.
8	Reimbursement of Medical expenses not covered under the CGHS Package Rates.	Steps are being taken to revise the CGHS packages and at that time the inclusion of new procedure etc would be considered.
13	Central Government health Scheme. Empanelling of hospitals - streamlining the procedure to provide in-patient treatment to the beneficiaries.	More than Rs. 300 crores are due to the hospitals are being cleared and under way to clear the same. steps are taken to streamline the payment procedure for the Hospitals
14	Disproportionate revision of subscription under CGHS due to revision of pay and allowances of central govt employees on account of implementation seventh pay commission.	Not Agreed
16	Revision of monetary Ceiling for direct consultation with Specialists in CGHS/ Central Government/ State Government Hospitals /Polyclinics in respect of Pensioners and Family Pensioners.	The monetary ceiling is already removed
19	Grant of one time option to CGHS Beneficiaries to opt for ward entitlement as per their revised Pay in Pay Band.	Would be considered
20	Provision of CGHS facility for life time to dependent disabled/mentally retarded children of Central Government Employees/Pensioners	Agreed to consider the demand in consultation with Department of Expenditure

Editor's Note: Only a few items of the Agenda with the decisions thereon are reproduced.

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Rs.	150/- Smt./Sri	Rs.150/- Smt./Sri	Rs.300/- Smt./Sri	Rs.450/- Smt./Sri
349	A.Mahabaleshwar Karanth	2615 S.Purushothaman 2623 D.D.Khavasi	1100 M.R. Venugopalan 1240 Saraswathi Padmanabha	1469 S.B.Mathad 2581 B.N.Suresh Babu
1087 1292	5	2775 K.Chandran S299 S. Jothi Kumar	1312 T.A.Sampathkumaran 1623 P.Chandrasekharaiah	Rs.500/- Smt./Sri 1128 R.Chandrababu
	S.Paramasivan G.Gopal M.Lakshman Rao	Rs.200/- Smt./Sri 249 K.Basappa Rs.240/- Smt./Sri	1836 C.V.Prahlad 1944 D.Rangaswamy	Rs.600/- Smt./Sri 125 P.Narayanan Kutty
1845 1966	P.Rudraiah	1971 Neela Devi 2580 V.A.Gopalan	2285 S.S.Nanda 2569 Vasundara Devi	1119 K.G. Santha Raja Guptha 2568 B.S.Nanjundaiah Rs.750/- Smt./Sri
2088 2179 2387 2571	S.Y.Kudtarkar K.Devanathan H.Sitharam Bhat H.K.Mirji	Rs.300/- Smt./Sri 814 G.Narasimha Holla 838 B.L.Channappa	Rs.400/- Smt./Sri 1865 Harvey Rosario	1434B.Rajasekhar1805K.S.Ramanathan1815K.S.K.Moorthy2533H.B.Yeligar

Subscription received for Pensioners' Champion in APRIL-MAY 2019

	Newly Enrolled Members					
	Name (Smt./Sri) Designation & Office in which last worked			Type & No.		
1	K.Nataraj	Supervisor, SBCO, Raichur Head Post Office	LM	2795		
2	P.K.Surannavar	Postal Assistant, Gokak Head Post Office	LM	2796		
3	N.L.Shakunthala	Postmaster Grade II, Jayanagar 3rd Block Post Office	LM	2797		
4	Shoukat Appa Mulla	Postmaster, Sankeshwar MDG Post Office	LM	2798		
5	M.S.Somashekar	Postmaster Grade II, Jayanagar 3rd Block Post Office	LM	2799		
6	N.Gadilingappa	Postman, Bellary Head Post Office	LM	2800		
7	V.Hajeepeera	Postal Assistant, SBCO, Bellary Head Post Office	LM	2801		
8	Pasala Lazer Nirmal Kumar	Sub Postmaster, Brucepettah PO, Bellary	LM	2802		
9	Basavanneppa Hanumathappa Shiragaddi	Postal Assistant, SBCO, Dharwad Head Post Office	LM	2803		
10	O.P.Shairya	Deputy Commandant, BSF 136 Batallion, C/O 56 APO	ALM	2804		
11	N,Nagalakshmi	Assistant Chief Accounts Officer, O/O GM(PA&F), Bangalore	LM	2805		
12	A.L.Ananthasubramanya	MTS, Bangalore City Railway Mail Service	LM	2806		
13	Savitha.G.Acharya	Office Assistant, Regional Office, O/O PMG, Bangalore	LM	2807		
14	T.Mekhala	Postal assistant, MACP III, Sub Foreign Post Office, Bangalore	LM	2808		
15	I.S.Venugopal	Assistant Postmaster, Vijayanagar MDG, Bangalore	LM	2809		
16	B.K.Kalmarudappa	Sub Record Officer, RMS 'Q' Division, Birur	LM	2810		
17	P.N.Latha	Divisional Engineer Telecom, Mysore	LM	2811		

LM: Life Member

ALM: Associate Life Member

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Date of Publication 27th of Every Month. Posted between 27th and 31st at Bangalore PSO, Bangalore-560 026. RNI Regn. No. KAR BIL/2000/1576 Postal Regn. No. RNP/KA/BGS/446/2018-20 - Total No. of Pages: 12

List of Newly Empanelled Private Hospitals Under CGHS Bengaluru

Sakra World Hospital Sy No. 52/2 &52/3, Deverabeesanahalli, Varthurhobli, Bangalore -560103 (opposite Intel, outer Ring Road

Marathahalli) Ph. 080-49694969 (w.e.f.1/6/2017)

Hosmat Hospital

(w.e.f 1/6/2017) 45, Magrath Road , Bengaluru 580025 Ph: 080-25593796

Apollo Hospitals

(A Unit of Apollo Hospitals Enterprise Ltd) Sheshadripuram No. 1, Old No.28, Platform Road, Near Mantri Mall, Sheshadripuram, Bangalore-560020. (w.e.f 3/9/2018) Apollo Speciality Hospitals Jayanagar Old No. 21/2, # 2, 14th Cross, 3rd Block, (near Madhavan Park) Jayanagar,Bangalore 560011 (w.e.f 3/9/2018)

Narayana Multi Speciality Hospitals Whitefield Plot No.3&4. Sadaramangala

Industrial Area, Whitefield Main Road, Mahadevapura, Bangalore-560048 (w.e.f 3/9/2018)

Narayana Multi Speciality Hospital – HSR Layout

Site No 1, 18th Main, Opp HSR Layout, BANGALORE -560102 (w.e.f 3/9/2018)

SSNMC Super Speciality Hospital Rajajrajeshwarinagar

No.8, Ideal Homes, HBCS Layout, Bengaluru-560098 (w.e.f 13/02/2019)

То

Aster CMI Hospital Hebbal # 43/2, New Airport Road,NH7, Sahakarnagar, Hebbal, Bengaluru 560092 (w.e.f 13/02/2019)

DENTAL CLINIC

Aesthetic Dental Clinic #54/3-2, Veeranapalya Outer Ring Road, Arebic College Post, Bengaluru– 560045 (w.e.f 13/02/2019)

AYURVEDIC

AyurVAID Hospital

1B, 3rd Main, Hoysala Nagar, Ramamurthy Nagar Extn. Bangalore-560016 Ph No. 080 64531111 (w.e.f 14/05/2018)

Number of Empanelled	
General Hospitals	22
Exclusive Eye Care centres	22
Diagnostic Laboratories	4
Dental Clinics	3
Ayureved Hospitals	2

Regd. Journal

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